



# PONY CLUB



# ACHIEVEMENT BADGES

## BANDAGES AND RUGS

Advanced Achievement Badge

### Learning Objectives

How to put on stable and travel bandages. How to apply travel boots. How to measure and choose rugs.

### Syllabus

- 1 Identify and apply a stable bandage. Know how and why bandages should always be applied over padding. Know how to roll up a bandage correctly.
- 2 Know the difference between stable and travel bandages. Put on travel bandages.
- 3 Understand how long bandages can be left on the pony/horse. Identify the dangers of a too tight/loose bandage.
- 4 Be able to apply and comment on fit of travel boots.
- 5 Know how to choose a suitable rug for travelling individual ponies/horses.
- 6 Know how to measure a rug to fit. Know how to choose a turnout rug for stabled and grass kept ponies/horses.

### Teaching Ideas and Resources

- 1 Have races to see who can roll up a bandage the fastest. Show and discuss padding, (probably fibre gee). Practise putting bandages on each other's legs. Look for even turns and tightness. Repeat with padding. Demonstrate putting a stable bandage on a pony/horse. Class to practise under supervision.
- 2 Travel bandages and their padding continue down lower on the leg to cover the coronet band. Class to practise applying travel bandages.

- 3** In pairs decide the dangers of a too loose bandage, and a too tight bandage. Check outcomes. Show too loose/tight bandages on a real pony/horse.
- 4** Show how to fit travel boots. Then ask members to fit the same travel boots on different sized ponies/horses and to comment on the fit. Ensure the dangers of poorly fitting boots are understood.
- 5** From a pile of rugs chose a rug suitable to travel a pony/horse in the ride or yard, give reasons for choice. Discuss clipped, nervous, hairy animals and the weather.
- 6** Show members a diagram of how to measure a rug. In pairs find a horse/pony and measure for a rug size. Class to look at and check all findings. Show different weights of rugs, discuss ponies/horses known to class to decide which rug weights and why would suit individual horses.

## Recommended Reading

- ▶ 14th Edition The Pony Club Manual Bandages P92, 93 Rugs P88 - 92

## Questions

- 1** Put on and take off a stable bandage.
- 2** Put on a travel bandage, know the difference between travel and stable bandages.
- 3** Explain the dangers of putting on bandages for too long, too loose or too tight.
- 4** Describe how to choose a travel rug for a named pony/horse.
- 5** On a blank chart of a rugged pony/horse show where you would estimate what size rug to buy.
- 6** What points do you consider when choosing which weight of rug to use.

## Answers

- 1** Stable bandage applied and removed correctly.
- 2** Travel bandage applied and remove correctly. Travel bandages continue down lower on the leg to cover the coronet band.
- 3** Bandages put on too tight or left on for too long may cause discomfort, inhibit the circulation resulting in loss of hair or white hairs growing. Loose bandages may slip down or come undone.

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- 4** The type or weight of a travel rug will depend on the weather, whether the pony/horse is clipped or unclipped, a nervous or confident traveller and how much coat the pony/horse is carrying.
- 5** Rugs are measured from the centre point of chest to where the rug should end just before the dock. The tape measure will be parallel to the ground.
- 6** The time of year, whether the pony/horse is living out or in, whether the pony/horse is clipped or not and the type of horse, ie cob or TB.