

Riding attire for lessons at Oaklands College

Whilst riders can borrow riding hats from the riding school, we strongly advise all our customers purchase their own riding hat. Hats should be bought and fitted by a reputable and knowledgeable supplier and should meet with current British safety standards (<http://www.bhs.org.uk/safety-and-accidents/common-incidents/what-to-wear/headwear>).

Jodhpurs are the most comfortable trousers to wear as they do not have seams down the inside of the leg or loose material that can fold and pinch the inside of the leg whilst you ride. However, a regular pair of trousers will suffice. Denims are not permitted as the harsh material and seams on the inside of the leg will cause discomfort and may damage the saddle.

You will need to wear a pair of sturdy shoes with a small heel of no higher than 1 inch. Wellington boots, trainers and open sandals are not appropriate footwear for horse riding.

We recommend that you invest in a pair of riding gloves. The local tack shops sell pimple palm riding gloves for less than £5 a pair.

We also recommend you wear several layers of thinner clothes in colder weather as opposed to one very thick layer. This is because once you start riding you will often warm up and want to remove a layer or two for comfort.

Waterproof clothing may be required if the lesson takes place in the outdoor school.

There are two tack shops in the local area:

GJW Titmus Ltd, New Mill, Lamer Lane, Wheathampstead, AL4 8RG

Martin Wilkinson, Coursers Farm, Coursers Road, Colney Heath, St Albans, AL4 0PG