

THE PONY CLUB
INTRODUCTION TO DRESSAGE TEST 2019
(20m x 40m Arena)



<i>The Test</i>		<i>Max. Marks</i>	<i>Directives</i>
1.	A Enter in working trot and proceed down the centre line without halting.	10	Straightness. Regularity and even tempo.
2.	C Turn right in working trot. B Turn right, between X and E transition to medium walk.	10	Quality of turn. Balance and fluency of transition.
3.	E Turn left in medium walk. K Transition to working trot.	10	Regularity, purpose and freedom.
4.	B Circle left 20m diameter and on second half of circle transition to working canter left.	10	Uniform bend on line of circle and fluency of transition.
5.	MCH Working canter, between E and K transition to working trot.	10	Quality of canter and balance of transition.
6.	A Medium walk.	10	Regularity, purpose and freedom.
7.	FX Free walk on a long rein.	10 x 2	Stretching forward and down, relaxation of walk, suppleness of whole body.
8.	Between X & H Medium walk. C Working trot.	10	Regularity, purpose and freedom. Quality of trot. Regularity and tempo.
9.	B Circle 20m diameter and on second half of circle transition to working canter right.	10	Uniform bend on line of circle and fluency of transition.
10.	FAK Working canter. Between E & H Transition to working trot.	10	Quality of canter. Regularity and tempo. Fluency. Balance of transition.
11.	MXK Change the rein in working trot. A Down centre line.	10	Quality of trot. Regularity and tempo. Straightness and regularity.
12.	Between X & G Halt and salute.	10	Relaxation and balance in halt.
Leave the arena at free walk on a long rein at a convenient place			
13.	Paces	10	Freedom and regularity.
14.	Submission	10 x 2	Attention and confidence, harmony, lightness and ease of the movements, acceptance of the bridle and lightness of the forehand.
15.	Rider position and seat	10 x 2	Correctness and effect of the aids.
		180	

Approx. time 4 1/2 minutes.
 All trot work to be executed 'sitting' or 'rising'.

CONDITIONS

The test will be conducted and judged in accordance with The Pony Club Dressage Rules.

To be ridden in any normal riding bit (double bridles are NOT permitted) and with both hands except where otherwise stated. All transitions from one pace to another may be progressive, except where otherwise stated.

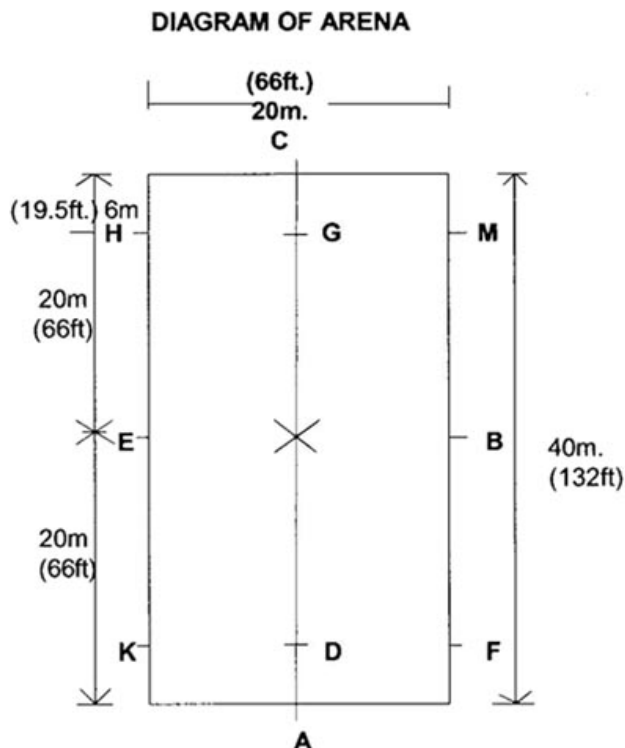
The test may not be commanded at Area Competitions or at the Championships.

Penalties for errors over the course

- 1st Error 2 marks
- 2nd Error 4 marks
- 3rd Error 8 marks
- 4th Error Elimination

The use of the voice is prohibited and will be penalised by the loss of two marks from those that would have been awarded for the movement in which this occurred.

A competitor whose hat comes off or chinstrap comes undone whilst riding in the competition must, on penalty of elimination replace it or do it up before continuing. He may dismount without penalty to recover the hat or have it passed up from the ground, or he may stop without penalty to do up the chinstrap.



The A, F, B, M, C, H, E, K Letter Markers should be placed about 50 cms outside the Arena.
The G, X and D Letters are not marked on the Arena.